



Michael ANDERSON

MENTAL HEALTH COUNSELOR

CONTACT

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SKILLS

- Mental Health Support
- Crisis Intervention
- Program Development
- Advocacy
- Workshop Facilitation
- Community Collaboration

LANGUAGES

- English
- Spanish
- French

EDUCATION

**BACHELOR OF SCIENCE IN
PSYCHOLOGY, UNIVERSITY OF
FLORIDA**

ACHIEVEMENTS

- Recognized for excellence in service provision by the State Mental Health Association.
- Increased participation in mental health programs by 80% through targeted outreach.
- Successfully implemented a youth mental health awareness campaign that reached over 5,000 community members.

Compassionate and dedicated Youth Social Inclusion Specialist with a strong background in mental health support and trauma-informed care. With over 7 years of experience in direct service provision, this professional excels in creating safe spaces for youth to express themselves and seek guidance. Expertise in developing programs that address mental health needs, enhance resilience, and promote emotional well-being among vulnerable youth populations.

WORK EXPERIENCE

MENTAL HEALTH COUNSELOR

Youth Support Services

2020 - 2025

- Provided individual and group counseling to over 200 youth, focusing on trauma recovery and resilience building.
- Developed and facilitated mental health workshops that reached diverse youth populations.
- Collaborated with schools to implement mental health awareness programs.
- Conducted assessments to identify youth needs and tailor interventions accordingly.
- Created resource materials for families to support youth mental health at home.
- Trained staff on trauma-informed care practices to enhance service delivery.

YOUTH ADVOCATE

Community Health Alliance

2015 - 2020

- Advocated for youth mental health initiatives, increasing community awareness by 60%.
- Organized peer support groups that provided safe spaces for youth to share experiences.
- Collaborated with healthcare providers to ensure youth had access to necessary services.
- Facilitated training sessions for youth on coping strategies and self-advocacy.
- Engaged families in discussions about mental health to foster understanding and support.
- Developed partnerships with local organizations to enhance service offerings for youth.