



MICHAEL ANDERSON

Trauma-Informed Care Coordinator

Empathetic and experienced Youth Mental Health Coordinator with a focus on trauma-informed care and resilience-building strategies. Extensive experience in working with youth who have experienced trauma, fostering a supportive environment for healing and growth. Expertise in implementing evidence-based practices that prioritize the psychological safety and well-being of adolescents. Proven track record in training staff on trauma-informed approaches and enhancing service delivery through workshops and training sessions.

CONTACT

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- San Francisco, CA

EDUCATION

Master of Social Work

University of Southern California
2016-2020

SKILLS

- Trauma-informed care
- Resilience-building
- Family engagement
- Support group facilitation
- Program evaluation
- Direct support

LANGUAGES

- English
- Spanish
- French

WORK EXPERIENCE

Trauma-Informed Care Coordinator

2020-2023

Safe Harbor Mental Health Services

- Implemented trauma-informed care practices within youth mental health programs.
- Trained staff on recognizing and responding to trauma in young clients.
- Developed individualized treatment plans that incorporate trauma-informed principles.
- Facilitated support groups for youth to share experiences and coping strategies.
- Collaborated with community resources to provide comprehensive support for youth.
- Evaluated program effectiveness through participant feedback and mental health outcomes.

Youth Support Specialist

2019-2020

Community Healing Network

- Provided direct support to youth dealing with trauma and mental health issues.
- Engaged families in the treatment process to foster a supportive environment.
- Conducted assessments to identify individual needs and develop care plans.
- Facilitated workshops on trauma awareness and coping strategies for families.
- Utilized evidence-based interventions to promote resilience among youth.
- Maintained accurate records of client progress and treatment outcomes.

ACHIEVEMENTS

- Recognized for excellence in implementing trauma-informed practices with a 'Leadership Award'.
- Increased youth participation in trauma-informed programs by 45% within one year.
- Successfully trained 50 staff members in trauma-informed care methodologies.