



Michael ANDERSON

MENTAL HEALTH PROGRAM DIRECTOR

CONTACT

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SKILLS

- Mental Health Advocacy
- Program Management
- Research and Evaluation
- Counseling
- Community Outreach
- Team Leadership

LANGUAGES

- English
- Spanish
- French

EDUCATION

**MASTER'S IN PSYCHOLOGY,
STANFORD UNIVERSITY**

ACHIEVEMENTS

- Implemented a mental health awareness campaign reaching over 1,000 youth.
- Recognized for excellence in counseling by the National Association of Counselors.
- Increased program participation by 30% through community engagement initiatives.

WORK EXPERIENCE

MENTAL HEALTH PROGRAM DIRECTOR

Youth Wellness Initiative

2020 - 2025

- Directed mental health programs focused on adolescent resilience and coping strategies.
- Developed educational materials for youth on mental health awareness.
- Collaborated with schools to integrate mental health resources into curricula.
- Managed a team of counselors providing direct support to youth.
- Established referral systems with local mental health providers.
- Conducted evaluations to measure program impact on youth mental health.

YOUTH COUNSELOR

Hope and Healing Center

2015 - 2020

- Provided one-on-one counseling to youth facing mental health challenges.
- Facilitated group therapy sessions promoting peer support and understanding.
- Developed individualized treatment plans in collaboration with families.
- Coordinated workshops on stress management and healthy coping mechanisms.
- Maintained accurate case documentation and progress reports.
- Participated in community outreach to raise awareness of mental health issues.