



MICHAEL ANDERSON

CORPORATE WELLNESS COORDINATOR

CONTACT

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- San Francisco, CA

SKILLS

- Wellness Program Design
- Health Assessments
- Employee Relations
- Data Interpretation
- Budget Oversight
- Communication Skills

LANGUAGES

- English
- Spanish
- French

EDUCATION

BACHELOR OF SCIENCE IN HEALTH PROMOTION, HEALTH UNIVERSITY

ACHIEVEMENTS

- Increased employee wellness program engagement from 20% to 70% in two years.
- Awarded Best Corporate Wellness Program by National Wellness Association.
- Secured a partnership with a local health clinic to provide free health screenings.

PROFILE

Accomplished Wellness Program Coordinator with a robust background in corporate wellness and employee health strategies. Expertise encompasses the development and execution of innovative wellness programs that foster a healthy workplace environment. Adept at utilizing quantitative metrics to evaluate program success and drive participation in wellness initiatives. Proven ability to cultivate partnerships with local health providers to enhance service offerings and accessibility for employees.

EXPERIENCE

CORPORATE WELLNESS COORDINATOR

Global Enterprises

2016 - Present

- Implemented a comprehensive wellness strategy that increased employee participation by 50% within the first year.
- Developed partnerships with local gyms and fitness centers to offer discounted memberships.
- Organized quarterly health challenges, fostering camaraderie and competition among employees.
- Executed surveys to measure employee satisfaction and program effectiveness.
- Created a wellness newsletter that educated employees on health topics.
- Administered a wellness budget of \$250,000, optimizing program efficiency.

HEALTH AND WELLNESS ADVISOR

Wellness Solutions Group

2014 - 2016

- Conducted health risk assessments to tailor wellness programs to employee needs.
- Facilitated workshops on stress management, nutrition, and physical fitness.
- Implemented a rewards program that incentivized participation in health screenings.
- Collaborated with HR to integrate wellness initiatives into employee onboarding.
- Analyzed health data to report on program effectiveness to senior management.
- Promoted mental health resources to enhance employee well-being.