



Michael

ANDERSON

WELLNESS COORDINATOR

Innovative Wellness Operations Manager with a solid foundation in health promotion and program management. Expertise in developing strategic wellness initiatives that foster a culture of health within organizations. Proven track record of implementing programs that not only enhance employee well-being but also contribute to overall business success. Skilled in utilizing data analytics to assess program effectiveness and drive continuous improvement.

CONTACT

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SKILLS

- health promotion
- program coordination
- community engagement
- data reporting
- employee training
- wellness communication

LANGUAGES

- English
- Spanish
- French

EDUCATION

BACHELOR OF ARTS IN HEALTH EDUCATION, UNIVERSITY OF MICHIGAN, 2015

ACHIEVEMENTS

- Achieved a 30% increase in employee participation in wellness programs.
- Recognized with the 'Outstanding Wellness Initiative' award by the Corporate Health Alliance.
- Successfully implemented a smoking cessation program that reduced smoking rates by 25%.

WORK EXPERIENCE

WELLNESS COORDINATOR

HealthWise Solutions

2020 - 2025

- Coordinated wellness initiatives that led to a 20% increase in employee health engagement.
- Developed and maintained relationships with community health resources.
- Implemented wellness challenges that fostered team building and competition.
- Monitored and reported on health outcomes to senior leadership.
- Designed promotional campaigns to raise awareness of wellness offerings.
- Collaborated with various departments to ensure program alignment with organizational goals.

HEALTH PROMOTION SPECIALIST

Fit for Life Corp.

2015 - 2020

- Developed health education programs that increased employee knowledge on wellness topics.
- Facilitated training sessions for employees on stress management techniques.
- Conducted health assessments to identify employee needs and preferences.
- Created a wellness newsletter to keep employees informed about programs and initiatives.
- Engaged with local health professionals to deliver workshops and seminars.
- Evaluated program participation and satisfaction to inform future offerings.