



CONTACT

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SKILLS

- integrative nutrition
- technology utilization
- client empowerment
- community outreach
- online education
- personalized counseling

LANGUAGES

- English
- Spanish
- French

EDUCATION

**MASTER'S DEGREE IN PUBLIC HEALTH
NUTRITION, PUBLIC HEALTH
UNIVERSITY**

ACHIEVEMENTS

- Increased client engagement by 40% through innovative online programs.
- Developed a nutrition initiative that reached over 1,000 community members.
- Awarded 'Innovative Nutrition Coach' by NourishWell in 2023.

Michael
ANDERSON

WELLNESS NUTRITION ADVISOR

Innovative Wellness Nutrition Coach with a passion for empowering individuals through informed dietary choices. Specializes in creating integrative nutrition plans that align with personal health aspirations and lifestyles. Extensive experience in utilizing technology to enhance client engagement and track progress. Demonstrates a strong commitment to continuous learning and professional growth within the nutrition field.

WORK EXPERIENCE

WELLNESS NUTRITION ADVISOR

NourishWell

2020 - 2025

- Designed and implemented integrative nutrition plans for diverse client populations.
- Conducted workshops focusing on practical nutrition and meal planning.
- Utilized digital platforms for client tracking and communication.
- Engaged in community outreach to promote nutrition education.
- Developed engaging content for online nutrition programs.
- Collaborated with healthcare providers for holistic client care.

NUTRITION SPECIALIST

Smart Nutrition Group

2015 - 2020

- Provided personalized nutrition counseling to clients of varying demographics.
- Organized and facilitated cooking classes to teach healthy meal preparation.
- Monitored client progress and adjusted plans to meet evolving needs.
- Utilized online platforms to enhance client engagement.
- Created educational resources for client empowerment.
- Coordinated with fitness trainers to provide comprehensive health plans.