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EXPERTISE SKILLS

- dietary management
- behavior modification
- client support
- health education
- community wellness
- nutritional evaluation

LANGUAGES

- English
- Spanish
- French

CERTIFICATION

- Bachelor's Degree in Nutrition and Dietetics, Institute of Health Studies

REFERENCES

John Smith

Senior Manager, Tech Corp
john.smith@email.com

Sarah Johnson

Director, Innovation Labs
sarah.j@email.com

Michael Brown

VP Engineering, Solutions Inc
mbrown@email.com

MICHAEL ANDERSON

LEAD NUTRITION COACH

Prominent Wellness Nutrition Coach with extensive experience in dietary management and behavior modification. Expertise in conducting comprehensive nutritional evaluations and implementing effective strategies to facilitate lifestyle changes. Proven track record of achieving client health goals through personalized coaching and support. Adept at utilizing evidence-based practices to enhance the overall well-being of clients.

PROFESSIONAL EXPERIENCE

HealthQuest Nutrition

Mar 2018 - Present

Lead Nutrition Coach

- Led a team of nutrition coaches to develop client-centered programs.
- Conducted assessments and created detailed dietary plans.
- Implemented behavior modification techniques to support client success.
- Developed training materials for new coaches.
- Organized community health fairs to promote nutritional awareness.
- Collaborated with dietitians to ensure comprehensive care.

Vitality Wellness Center

Dec 2015 - Jan 2018

Nutrition Coach

- Assisted clients in achieving weight management goals through tailored nutrition plans.
- Conducted workshops on the importance of nutrition in overall health.
- Utilized software to monitor client progress and outcomes.
- Provided ongoing support and motivation to clients.
- Created resource materials for client education.
- Collaborated with fitness professionals for holistic health approaches.

ACHIEVEMENTS

- Increased client weight loss success rate by 25% through targeted coaching.
- Developed a nutrition program that served over 300 clients in the first year.
- Received 'Excellence in Coaching' award from HealthQuest in 2021.