



Michael ANDERSON

WELLNESS DIRECTOR

Innovative Wellness Consultant with a solid foundation in public health and wellness program design. Expertise encompasses the development of evidence-based wellness strategies tailored to enhance employee health and productivity. Experienced in conducting comprehensive needs assessments to identify organizational health priorities and implementing targeted interventions. Strong communicator with the ability to engage stakeholders at all levels, ensuring buy-in and participation in wellness initiatives.

CONTACT

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- 📍 San Francisco, CA

SKILLS

- Program Evaluation
- Health Education
- Stakeholder Engagement
- Public Health
- Data Analysis
- Training Development

LANGUAGES

- English
- Spanish
- French

EDUCATION

BACHELOR OF ARTS IN PUBLIC HEALTH, JOHNS HOPKINS UNIVERSITY

ACHIEVEMENTS

- Increased wellness program participation by 45% through innovative outreach strategies.
- Recognized for outstanding contributions to public health initiatives by the National Public Health Association.
- Successfully implemented a chronic disease prevention program that reduced hospital visits by 20%.

WORK EXPERIENCE

WELLNESS DIRECTOR

Holistic Health Solutions

2020 - 2025

- Oversaw wellness initiatives for a workforce of over 8,000 employees across multiple sectors.
- Conducted health screenings and personalized wellness assessments.
- Developed training materials for wellness program facilitators.
- Utilized health metrics to inform program adjustments and enhancements.
- Collaborated with senior leadership to align wellness goals with business objectives.
- Achieved a 60% increase in employee engagement in wellness programs.

PUBLIC HEALTH CONSULTANT

Global Health Strategies

2015 - 2020

- Provided consulting services to enhance community health initiatives.
- Conducted evaluations of public health programs and recommended improvements.
- Engaged with community partners to promote health education and resources.
- Managed grant applications and funding for health programs.
- Analyzed health data to inform policy recommendations.
- Facilitated workshops on chronic disease management and prevention.