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EXPERTISE SKILLS

- Pediatric nutrition
- Family counseling
- Program development
- Community outreach
- Data evaluation
- Health education

LANGUAGES

- English
- Spanish
- French

CERTIFICATION

- Master of Public Health, University of Michigan, 2016

REFERENCES

John Smith

Senior Manager, Tech Corp
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Sarah Johnson

Director, Innovation Labs
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Michael Brown

VP Engineering, Solutions Inc
mbrown@email.com

MICHAEL ANDERSON

PEDIATRIC WEIGHT MANAGEMENT CONSULTANT

Insightful Weight Management Consultant with a focus on pediatric obesity prevention. Extensive experience in developing targeted interventions that promote healthy habits among children and adolescents. Demonstrated ability to engage families in the weight management process through education and support. Strong background in nutritional counseling and behavior change strategies tailored to younger populations.

PROFESSIONAL EXPERIENCE

Child Health Initiative

Mar 2018 - Present

Pediatric Weight Management Consultant

- Developed and implemented weight management programs for children and adolescents.
- Conducted family-based assessments to understand dietary habits and physical activity levels.
- Created educational resources for parents to support healthy lifestyle choices.
- Facilitated group sessions to motivate children towards healthier behaviors.
- Collaborated with schools to promote physical activity and nutrition education.
- Monitored progress and adjusted interventions based on individual needs.

Healthy Kids Coalition

Dec 2015 - Jan 2018

Nutrition Educator

- Designed and delivered nutrition education programs targeting childhood obesity.
- Engaged with community stakeholders to promote health initiatives.
- Developed partnerships with local organizations to enhance program reach.
- Conducted workshops for parents on healthy meal planning.
- Evaluated program effectiveness through data collection and analysis.
- Provided one-on-one counseling to families on nutrition and physical activity.

ACHIEVEMENTS

- Reduced childhood obesity rates in program participants by 20% over two years.
- Received community award for excellence in promoting child health in 2021.
- Developed a widely adopted toolkit for parents on healthy eating habits.