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## SKILLS

- Preventive Health
- Community Outreach
- Patient Counseling
- Lifestyle Modification
- Program Development
- Health Education

## EDUCATION

**BACHELOR OF UNANI MEDICINE AND SURGERY (BUMS), COLLEGE OF ALTERNATIVE MEDICINE, 2014**

## LANGUAGE

- English
- Spanish
- German

## ACHIEVEMENTS

- Increased community participation in health programs by 45% through targeted outreach efforts.
- Recognized for developing innovative health programs that promote Unani practices.
- Authored a guide on Unani medicine for preventive health that received positive feedback from peers.

# Michael Anderson

## PREVENTIVE HEALTH CONSULTANT

Dynamic Unani Medicine Practitioner with a strong background in preventive healthcare and wellness education. With 6 years of experience, I have dedicated my career to promoting the benefits of Unani medicine as a primary approach to health. I specialize in preventive care strategies that empower patients to take charge of their health through natural remedies and lifestyle changes.

## EXPERIENCE

### PREVENTIVE HEALTH CONSULTANT

Holistic Wellness Center

2016 - Present

- Designed and implemented preventive health programs based on Unani principles for community members.
- Conducted health screenings and assessments to identify patients at risk for chronic diseases.
- Developed educational content to promote Unani medicine and preventive care practices.
- Collaborated with local organizations to enhance community health initiatives.
- Utilized patient feedback to improve program effectiveness and participant engagement.
- Maintained thorough documentation of program outcomes and patient progress.

### UNANI WELLNESS COACH

Natural Health Innovations

2014 - 2016

- Guided patients through lifestyle modifications to improve their health outcomes using Unani methods.
- Provided one-on-one counseling sessions to discuss health goals and Unani treatment options.
- Developed resources and materials to educate patients on Unani practices and self-care strategies.
- Engaged in community outreach to promote the benefits of Unani therapies.
- Participated in team meetings to discuss patient care strategies and health trends.
- Conducted follow-up assessments to evaluate patient adherence to wellness plans.