

MICHAEL ANDERSON

Horticultural Therapist

- San Francisco, CA
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Proactive Sustainable Horticulture Specialist with over 5 years of experience in horticultural therapy and community gardening. Expertise in utilizing horticulture as a therapeutic tool to enhance mental health and community well-being. Skilled in developing and managing therapeutic gardening programs for diverse populations, including at-risk youth and elderly communities. Recognized for fostering inclusive environments that support personal growth through gardening.

WORK EXPERIENCE

Horticultural Therapist | Healing Gardens

Jan 2022 – Present

- Developed and implemented therapeutic gardening programs.
- Engaged clients in gardening activities to promote well-being.
- Conducted assessments to tailor programs to individual needs.
- Facilitated workshops on the benefits of horticulture for mental health.
- Collaborated with healthcare professionals for holistic care.
- Monitored client progress and adjusted programs accordingly.

Community Garden Coordinator | Urban Green Spaces

Jul 2019 – Dec 2021

- Managed community gardening initiatives to enhance local food security.
- Organized volunteer events to engage community members.
- Developed educational programs on gardening techniques.
- Facilitated partnerships with local organizations for resources.
- Monitored garden growth and provided technical support.
- Promoted community events to raise awareness of gardening benefits.

SKILLS

Horticultural therapy

Community gardening

Program development

Client engagement

Workshop facilitation

Mental health advocacy

EDUCATION

Bachelor of Science in Horticulture Therapy

2017

University of Wisconsin

ACHIEVEMENTS

- Established a horticultural therapy program serving over 200 clients.
- Received recognition for community engagement initiatives.
- Secured funding for gardening programs totaling \$80,000.

LANGUAGES

English

Spanish

French