

MICHAEL ANDERSON

Senior Substance Abuse Counselor

- San Francisco, CA
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Dynamic and resourceful Substance Abuse Counselor with over 9 years of experience in providing compassionate care to individuals dealing with addiction. My background includes working with diverse populations, including veterans, adults, and families. I have a strong focus on evidence-based practices and employ a variety of therapeutic modalities tailored to each client's needs.

WORK EXPERIENCE

Senior Substance Abuse Counselor | Veterans Recovery Center

Jan 2022 – Present

- Provided individual counseling and facilitated group therapy for veterans struggling with substance abuse.
- Developed treatment plans that integrated behavioral health and substance use strategies.
- Conducted family counseling sessions to address the impact of addiction on loved ones.
- Monitored client progress and provided ongoing support to ensure successful recovery.
- Led staff training sessions on trauma-informed care practices.
- Coordinated with community agencies to secure resources for clients post-treatment.

Substance Abuse Counselor | Harmony Wellness Center

Jul 2019 – Dec 2021

- Conducted assessments and developed individualized treatment plans for clients.
- Facilitated psychoeducational groups focused on addiction recovery and relapse prevention.
- Supported clients in setting and achieving personal recovery goals.
- Maintained accurate records of client progress and treatment outcomes.
- Participated in community outreach initiatives to promote substance abuse prevention.
- Collaborated with multidisciplinary teams to provide comprehensive care for clients.

SKILLS

Evidence-based practices

Motivational interviewing

Group therapy

Client education

Community resources

Crisis management

EDUCATION

Bachelor of Arts in Social Work

2015 – 2019

University of Washington

ACHIEVEMENTS

- Achieved a 90% client retention rate in treatment programs through personalized support.
- Recognized for leadership in developing a veterans' support group that improved community engagement.
- Published research on the effectiveness of group therapy in addiction recovery in a leading journal.

LANGUAGES

English

Spanish

French