



# Michael ANDERSON

## SUBSTANCE ABUSE COUNSELOR

Experienced and passionate Substance Abuse Counselor with a strong background in the criminal justice system. With over 8 years of experience, I have worked extensively with individuals involved in the legal system due to substance-related offenses. I specialize in providing counseling services that address both addiction and underlying behavioral issues. My approach is trauma-informed, recognizing the complex histories that many clients bring.

### CONTACT

- 📞 (555) 234-5678
- ✉️ michael.anderson@email.com
- 🌐 www.michaelanderson.com
- 📍 San Francisco, CA

### SKILLS

- Trauma-informed care
- Life skills development
- Crisis intervention
- Group facilitation
- Case management
- Relapse prevention

### LANGUAGES

- English
- Spanish
- French

### EDUCATION

**BACHELOR OF SCIENCE IN CRIMINAL JUSTICE, UNIVERSITY OF FLORIDA**

### ACHIEVEMENTS

- Successfully reduced recidivism rates among clients by implementing targeted rehabilitation programs.
- Awarded Counselor of the Year for outstanding client care and commitment to community service.
- Authored a program manual on best practices for counseling individuals in the criminal justice system.

### WORK EXPERIENCE

#### SUBSTANCE ABUSE COUNSELOR

Justice Rehabilitation Center

2020 - 2025

- Provided counseling services to individuals in a correctional facility, focusing on addiction and behavioral health.
- Developed and facilitated life skills workshops to prepare clients for reintegration into society.
- Collaborated with probation officers to monitor client progress and compliance with court orders.
- Conducted crisis intervention sessions for clients facing immediate challenges.
- Implemented relapse prevention strategies tailored to high-risk clients.
- Facilitated group discussions to promote peer support and accountability among participants.

#### COUNSELOR ASSISTANT

Rehabilitation Solutions

2015 - 2020

- Assisted lead counselors in developing treatment plans for clients in outpatient programs.
- Conducted intake assessments and documented client histories and needs.
- Supported clients during group therapy sessions by encouraging participation.
- Coordinated with community resources to provide clients with additional support services.
- Maintained accurate case files and progress notes in compliance with regulations.
- Participated in staff training to enhance counseling techniques and client engagement.