



MICHAEL ANDERSON

SUBSTANCE ABUSE COUNSELOR

CONTACT

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-  San Francisco, CA

SKILLS

- Holistic counseling
- Group facilitation
- Treatment planning
- Client engagement
- Family counseling
- Relapse prevention

LANGUAGES

- English
- Spanish
- French

EDUCATION

BACHELOR OF ARTS IN PSYCHOLOGY,
UNIVERSITY OF TEXAS AT AUSTIN

ACHIEVEMENTS

- Recognized for outstanding client rapport and successful engagement in treatment.
- Improved group therapy attendance by 30% through innovative programming.
- Received commendation for developing a family support program that increased family involvement in client recovery.

PROFILE

Compassionate and results-oriented Substance Abuse Counselor with over 5 years of experience in providing therapeutic support to individuals impacted by addiction. My background includes work in both residential and outpatient settings, where I have developed a deep understanding of the complexities of substance use disorders. I specialize in integrating holistic practices with traditional counseling methods to offer clients a comprehensive recovery experience.

EXPERIENCE

SUBSTANCE ABUSE COUNSELOR

Serenity Springs Recovery

2016 - Present

- Provided individual and group counseling sessions for clients in a residential treatment program.
- Designed and implemented comprehensive treatment plans tailored to each client's needs.
- Collaborated with healthcare professionals to coordinate care and monitor client progress.
- Conducted workshops on coping skills and stress management techniques.
- Maintained detailed and confidential client records to track progress and outcomes.
- Participated in ongoing training and professional development to enhance counseling skills.

COUNSELING INTERN

Caring Hearts Wellness Center

2014 - 2016

- Assisted licensed counselors in conducting intake assessments and developing treatment plans.
- Observed and participated in group therapy sessions, gaining insight into effective therapeutic techniques.
- Supported clients in developing personalized recovery goals during counseling sessions.
- Contributed to team meetings to discuss client progress and treatment strategies.
- Conducted follow-up calls to ensure client support post-treatment.
- Engaged in community outreach initiatives to promote substance abuse awareness.