



Michael ANDERSON

STAFF NURSE - MENTAL HEALTH UNIT

CONTACT

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SKILLS

- Mental Health Care
- Crisis Intervention
- Therapeutic Communication
- Patient Advocacy
- Team Collaboration
- Documentation

LANGUAGES

- English
- Spanish
- French

EDUCATION

**BACHELOR OF SCIENCE IN NURSING,
UNIVERSITY OF HEALTH SCIENCES,
2014**

ACHIEVEMENTS

- Awarded 'Outstanding Nurse in Mental Health' for exceptional patient support and care initiatives.
- Led a project that increased patient engagement in therapy sessions by 40%.
- Recognized for developing a training program for new nurses on mental health interventions.

Empathetic and skilled Staff Nurse with over 7 years of experience in mental health nursing. Committed to supporting patients with psychological disorders through compassionate care and evidence-based practices. Strong background in crisis intervention and therapeutic communication, ensuring patient safety and emotional support. Experienced in collaborating with mental health professionals to develop comprehensive treatment plans that address both physical and mental health needs.

WORK EXPERIENCE

STAFF NURSE - MENTAL HEALTH UNIT

Hope Behavioral Health

2020 - 2025

- Provided direct nursing care and support to patients with various mental health disorders.
- Conducted thorough assessments to identify patient needs and develop tailored care plans.
- Utilized therapeutic communication techniques to build rapport and trust with patients.
- Collaborated with psychiatrists and therapists to ensure holistic patient care.
- Led group therapy sessions that focused on coping strategies and skill development.
- Implemented crisis intervention strategies to ensure patient safety during emergencies.

STAFF NURSE - PSYCHIATRIC EMERGENCY ROOM

City Mental Health Center

2015 - 2020

- Assisted in the assessment and management of psychiatric emergencies in a fast-paced environment.
- Provided immediate support to patients in crisis, ensuring their safety and stabilization.
- Documented patient interactions and treatment responses accurately for team reviews.
- Educated patients and families about mental health resources and coping mechanisms.
- Participated in multidisciplinary team meetings to discuss patient progress and treatment adjustments.
- Implemented patient feedback mechanisms that improved service delivery in the unit.