

MICHAEL ANDERSON

Sports Nutrition Program Manager

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Strategic Sports Nutrition Scientist with a wealth of experience in optimizing dietary protocols for athletes across various sports disciplines. Focuses on innovative nutritional strategies that drive performance and enhance recovery. Proven expertise in conducting research and applying scientific principles to develop evidence-based nutrition programs. Strong communicator adept at educating athletes, coaches, and stakeholders on the critical role of nutrition in sports.

WORK EXPERIENCE

Sports Nutrition Program Manager | Premier Athlete Development Center

Jan 2022 – Present

- Managed nutrition programs for over 300 athletes.
- Developed strategic partnerships with local health organizations.
- Conducted assessments to tailor nutrition plans to individual needs.
- Facilitated educational workshops that improved athlete knowledge of nutrition.
- Analyzed performance data to measure the impact of nutrition interventions.
- Provided mentorship to junior nutrition staff.

Nutrition Research Coordinator | Sports Research Institute

Jul 2019 – Dec 2021

- Coordinated research projects on nutrition and athletic performance.
- Analyzed data to inform program development.
- Published findings in peer-reviewed journals.
- Collaborated with universities for joint research initiatives.
- Presented research at national conferences to promote findings.
- Developed educational resources based on research outcomes.

SKILLS

Program management

Research coordination

Educational outreach

Data analysis

Partnership development

Mentorship

EDUCATION

Ph.D. in Nutritional Sciences

2015 – 2019

University of North Carolina

ACHIEVEMENTS

- Increased athlete performance metrics by 20% through comprehensive nutrition programs.
- Secured funding for innovative nutrition research projects.
- Recognized as a thought leader in sports nutrition at industry events.

LANGUAGES

English

Spanish

French