



Michael ANDERSON

TEAM SPORTS DIETITIAN

Strategic Sports Dietitian with a strong emphasis on team-based nutrition interventions, boasting over 9 years of experience in enhancing team performance through collective dietary strategies. Expertise in analyzing the nutritional needs of diverse athletes and aligning team goals with individualized meal planning. Recognized for fostering a collaborative environment that encourages athletes to adopt healthy eating habits.

CONTACT

- 📞 (555) 234-5678
- ✉️ michael.anderson@email.com
- 🌐 www.michaelanderson.com
- 📍 San Francisco, CA

SKILLS

- Team nutrition strategy
- Performance analysis
- Group facilitation
- Resource development
- Athlete counseling
- Interdisciplinary teamwork

LANGUAGES

- English
- Spanish
- French

EDUCATION

**MASTER OF SCIENCE IN SPORTS
NUTRITION, UNIVERSITY OF ATHLETIC
SCIENCES**

ACHIEVEMENTS

- Boosted team performance metrics by 25% through nutrition interventions.
- Recognized with 'Excellence in Nutrition' award by the Sports Nutrition Association.
- Authored a chapter on team nutrition in a leading sports nutrition textbook.

WORK EXPERIENCE

TEAM SPORTS DIETITIAN

Victory Sports Academy
2020 - 2025

- Developed team-wide nutrition programs tailored to specific sport requirements.
- Facilitated group education sessions on nutrition for team athletes.
- Monitored team performance metrics in relation to dietary intake.
- Collaborated with coaching staff to integrate nutrition into training regimens.
- Created a resource library of nutrition materials for athletes and coaches.
- Evaluated the impact of team nutrition on overall performance outcomes.

NUTRITION COORDINATOR

All-Star Sports Club
2015 - 2020

- Implemented nutrition strategies across multiple sports teams.
- Conducted assessments of athlete dietary habits and preferences.
- Organized nutrition challenges to promote healthy competition among athletes.
- Provided individualized counseling to athletes with specific dietary needs.
- Collaborated with fitness professionals to enhance nutrition education.
- Developed a newsletter focusing on nutrition tips and athlete success stories.