



Michael ANDERSON

TRANSFORMATIVE LIFE COACH

Innovative Spiritual Services Specialist with a focus on transformative coaching and personal development. Proven expertise in guiding individuals through significant life transitions, utilizing a blend of spiritual insights and practical coaching techniques. Recognized for the ability to empower clients to discover their authentic selves and achieve their personal and spiritual goals.

CONTACT

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- 📍 San Francisco, CA

SKILLS

- Life Coaching
- Transformational Practices
- Active Listening
- Group Facilitation
- Program Development
- Client Engagement

LANGUAGES

- English
- Spanish
- French

EDUCATION

**BACHELOR OF SCIENCE IN
PSYCHOLOGY, UNIVERSITY OF LIFE
COACHING, 2019**

ACHIEVEMENTS

- Successfully coached over 100 clients through life transitions, achieving a 90% satisfaction rate.
- Recognized for the development of a pioneering coaching framework embraced by peers.
- Invited to lead workshops at national coaching conferences for industry professionals.

WORK EXPERIENCE

TRANSFORMATIVE LIFE COACH

Awakened Path Coaching

2020 - 2025

- Conducted personalized coaching sessions to facilitate client self-discovery and goal setting.
- Developed structured coaching programs tailored to individual client needs.
- Utilized motivational interviewing techniques to enhance client engagement.
- Created resources for clients to track their progress and maintain accountability.
- Facilitated group coaching sessions focusing on shared experiences and collective growth.
- Evaluated client feedback to continuously improve coaching methodologies.

SPIRITUAL DEVELOPMENT FACILITATOR

Inner Light Institute

2015 - 2020

- Designed and implemented workshops on personal and spiritual growth.
- Guided participants in exploring their core values and life purpose.
- Provided ongoing support to participants throughout their development journeys.
- Created a community of practice for ongoing learning and support.
- Monitored workshop outcomes to assess effectiveness and participant satisfaction.
- Collaborated with other facilitators to enhance program offerings.