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SKILLS

- trauma-informed care
- narrative therapy
- group facilitation
- cultural sensitivity
- client empowerment
- mindfulness

EDUCATION

**MASTER OF ARTS IN COUNSELING
PSYCHOLOGY, UNIVERSITY OF TRAUMA
STUDIES**

LANGUAGE

- English
- Spanish
- German

ACHIEVEMENTS

- Developed a trauma recovery program adopted by multiple organizations.
- Increased client engagement in healing practices by 45%.
- Presented at national conferences on trauma and spirituality.

Michael Anderson

TRAUMA-INFORMED SPIRITUAL COUNSELOR

Accomplished Spiritual Counselor with a focus on trauma-informed care, dedicated to supporting individuals in their journey of healing and self-discovery. This professional brings a wealth of experience in addressing the spiritual aspects of trauma, utilizing innovative therapeutic modalities to facilitate profound transformation.

EXPERIENCE

TRAUMA-INFORMED SPIRITUAL COUNSELOR

Healing Hearts Center

2016 - Present

- Provided trauma-informed spiritual counseling to clients.
- Utilized narrative therapy techniques to aid client healing.
- Facilitated group sessions focusing on collective trauma recovery.
- Developed individualized spiritual care plans for clients.
- Maintained confidentiality and ethical standards in all interactions.
- Collaborated with mental health professionals to ensure comprehensive care.

SPIRITUAL HEALING FACILITATOR

Empowerment Institute

2014 - 2016

- Conducted workshops on the intersection of trauma and spirituality.
- Provided individual counseling focusing on spiritual recovery.
- Utilized mindfulness techniques to support client healing processes.
- Engaged clients in reflective practices to foster self-awareness.
- Evaluated program effectiveness through client feedback.
- Participated in community outreach to raise awareness about trauma.