



Michael ANDERSON

SPECIAL NEEDS CARE ASSISTANT

Compassionate and detail-oriented Special Needs Care Assistant with a strong foundation in providing support to individuals with mental health challenges. Expertise in developing therapeutic relationships that empower clients to achieve their personal goals. Skilled in employing trauma-informed care approaches that respect client autonomy and promote healing. Committed to ongoing professional development and staying informed about current best practices in mental health support.

CONTACT

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- 📍 San Francisco, CA

SKILLS

- mental health support
- crisis intervention
- documentation
- communication
- teamwork
- therapeutic relationships

LANGUAGES

- English
- Spanish
- French

EDUCATION

**MASTER OF ARTS IN COUNSELING,
UNIVERSITY OF STATE, 2020**

ACHIEVEMENTS

- Recognized for excellence in client care with a 'Compassion Award' from the organization.
- Successfully reduced crisis incidents by implementing preventative strategies.
- Facilitated a mental health awareness campaign that reached over 500 community members.

WORK EXPERIENCE

SPECIAL NEEDS CARE ASSISTANT

Mental Health Support Services

2020 - 2025

- Provided one-on-one support to clients with mental health diagnoses in various settings.
- Assisted clients in developing coping strategies for managing daily challenges.
- Maintained detailed documentation of client interactions and progress towards goals.
- Collaborated with mental health professionals to create comprehensive care plans.
- Facilitated peer support groups to encourage sharing and community building.
- Engaged in crisis intervention when necessary, ensuring client safety and well-being.

CRISIS SUPPORT WORKER

Safe Haven Services

2015 - 2020

- Responded to crisis situations, providing immediate support and intervention.
- Assisted clients in accessing mental health resources and services.
- Developed safety plans tailored to individual client needs.
- Maintained communication with families to keep them informed of client progress.
- Conducted workshops on mental health awareness and self-care strategies.
- Collaborated with community organizations to enhance service delivery.