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SKILLS

- Mental Health Awareness
- Therapeutic Interventions
- Crisis Management
- Family Collaboration
- Program Development
- Training and Workshops

EDUCATION

MASTER OF SOCIAL WORK, UNIVERSITY OF MICHIGAN, 2010

LANGUAGE

- English
- Spanish
- German

ACHIEVEMENTS

- Received 'Outstanding Contribution to Student Wellbeing' award for program implementation.
- Successfully reduced behavioral incidents in students by 40% through targeted interventions.
- Presented at state conferences on the importance of mental health in education.

Michael Anderson

MENTAL HEALTH AND SPECIAL EDUCATION COACH

Innovative Special Education Development Coach with a background in mental health and therapeutic interventions. Over 9 years of experience working with adolescents facing emotional and behavioral challenges in educational settings. Expertise in developing supportive environments that promote mental health awareness while achieving academic goals. Accomplished in creating and implementing therapeutic programs that focus on emotional regulation, social skills, and resilience.

EXPERIENCE

MENTAL HEALTH AND SPECIAL EDUCATION COACH

Caring Hands Academy

2016 - Present

- Designed and implemented mental health programs for high school students.
- Provided crisis intervention and support to at-risk students, reducing incidents by 50%.
- Trained staff on recognizing signs of mental health issues in students.
- Collaborated with external mental health professionals for comprehensive student support.
- Facilitated workshops for parents on mental health awareness and resources.
- Monitored student progress, adapting strategies based on individual needs.

SPECIAL EDUCATION TEACHER

Hope High School

2014 - 2016

- Implemented individualized behavioral plans for students with emotional disturbances.
- Developed a peer support group to enhance social skills and mental health awareness.
- Conducted training for staff on trauma-informed care practices.
- Collaborated with families to create supportive home environments.
- Facilitated regular assessments to track student emotional and academic growth.
- Organized community events to promote mental health education.