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## SKILLS

- Human Physiology
- Exercise Science
- Health Monitoring
- Data Analysis
- Team Collaboration
- Outreach

## EDUCATION

**M.SC. IN EXERCISE PHYSIOLOGY,  
UNIVERSITY OF NORTH CAROLINA AT  
CHAPEL HILL**

## LANGUAGE

- English
- Spanish
- German

## ACHIEVEMENTS

- Developed a health monitoring system adopted for use on the ISS.
- Contributed to a study that improved astronaut cardiovascular health outcomes.
- Presented research at the International Conference on Space Medicine.

# Michael Anderson

## PHYSIOLOGIST

As a Space Life Sciences Researcher with a focus on human physiology, I possess over six years of experience studying the effects of space travel on human health. My work has primarily involved physiological assessments of astronauts before, during, and after missions to ensure optimal health and performance. I have collaborated with medical professionals and engineers to develop innovative health monitoring systems that track vital signs in real time.

## EXPERIENCE

### PHYSIOLOGIST

NASA Kennedy Space Center

2016 - Present

- Conducted physiological assessments of astronaut health pre- and post-mission.
- Developed exercise protocols to counteract muscle atrophy in microgravity environments.
- Collaborated with engineers to implement health monitoring technologies on the ISS.
- Analyzed data to assess the effectiveness of health interventions during space missions.
- Presented findings to interdisciplinary teams, promoting a culture of health awareness.
- Mentored interns in exercise science and astronaut health research.

### RESEARCH ASSISTANT

Human Performance Laboratory

2014 - 2016

- Assisted in research focused on the impact of spaceflight on human cardiovascular health.
- Conducted literature reviews to support ongoing research projects.
- Collected and analyzed physiological data from astronaut studies.
- Supported the development of health education materials for astronauts.
- Participated in outreach initiatives to promote awareness of space health issues.
- Collaborated with a team to improve health monitoring protocols.