



# Michael ANDERSON

## MENTAL HEALTH CONSULTANT

Dynamic Social Work Consultant specializing in mental health and substance use disorders with a solid history of clinical practice and community advocacy. Expertise in developing individualized treatment plans and leading multidisciplinary teams to deliver comprehensive care. Strong background in crisis intervention and recovery-oriented practices. Committed to reducing stigma associated with mental health issues and fostering supportive environments for individuals in recovery.

### CONTACT

- 📞 (555) 234-5678
- ✉️ michael.anderson@email.com
- 🌐 www.michaelanderson.com
- 📍 San Francisco, CA

### SKILLS

- Mental health
- Substance use disorders
- Crisis intervention
- Treatment planning
- Community advocacy
- Team leadership

### LANGUAGES

- English
- Spanish
- French

### EDUCATION

**MASTER OF SOCIAL WORK, BOSTON  
UNIVERSITY, 2014**

### ACHIEVEMENTS

- Increased client engagement by 35% through innovative outreach strategies.
- Recognized for excellence in service delivery by the State Mental Health Board.
- Published articles in professional journals on substance use recovery.

### WORK EXPERIENCE

#### MENTAL HEALTH CONSULTANT

Recovery Pathways

2020 - 2025

- Provided clinical assessments and individualized treatment planning for clients with substance use disorders.
- Facilitated group therapy sessions focused on recovery and coping strategies.
- Collaborated with healthcare providers to ensure holistic care for clients.
- Conducted community workshops to educate on mental health and addiction.
- Developed resource guides for clients and families navigating recovery.
- Trained staff on evidence-based practices and interventions.

#### SOCIAL WORK CONSULTANT

Wellness Coalition

2015 - 2020

- Designed outreach programs to increase access to mental health services.
- Conducted assessments to identify barriers to service utilization.
- Provided consultation on best practices for mental health service delivery.
- Engaged with community partners to promote mental health initiatives.
- Facilitated training for service providers on trauma-informed care.
- Developed policy recommendations to improve mental health resources.