

MICHAEL ANDERSON

Sports Siddha Physician

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Dynamic Siddha Physician with over 7 years of experience in sports medicine, specializing in enhancing athletic performance and recovery through traditional Siddha practices. Expertise in developing personalized treatment plans addressing sports-related injuries and promoting overall physical well-being. Strong advocate for preventive care and wellness education for athletes and active individuals. Proven ability to collaborate with trainers and coaches to integrate Siddha practices into athletic training programs.

WORK EXPERIENCE

Sports Siddha Physician | Athlete Performance Center

Jan 2022 – Present

- Conducted thorough assessments of athletes to identify injuries and treatment needs.
- Developed personalized Siddha treatment plans to enhance recovery and performance.
- Educated athletes on the benefits of Siddha medicine for injury prevention.
- Collaborated with coaches to create integrated training programs.
- Monitored progress and adjusted treatment protocols as necessary.
- Organized workshops on holistic health for athletes.

Siddha Physician | Health and Fitness Clinic

Jul 2019 – Dec 2021

- Provided Siddha consultations for athletes dealing with injuries and recovery.
- Administered herbal treatments and therapies to enhance physical performance.
- Maintained accurate treatment records and monitoring of patient progress.
- Educated athletes about lifestyle choices for optimal health.
- Engaged in community outreach programs promoting sports health.
- Collaborated with sports organizations to promote Siddha practices in athletics.

SKILLS

Sports medicine

Injury recovery

Performance enhancement

Patient education

Collaboration

Holistic health

EDUCATION

Bachelor of Siddha Medicine and Surgery (BSMS)

2015 – 2019

University

ACHIEVEMENTS

- Successfully increased recovery rates among athletes by 30% through tailored treatments.
- Developed a sports health program adopted by local athletic teams.
- Recognized for contributions to sports medicine by the National Sports Association.

LANGUAGES

English

Spanish

French