



MICHAEL ANDERSON

REHABILITATION CARE ASSISTANT

CONTACT

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-  San Francisco, CA

SKILLS

- rehabilitation support
- patient education
- documentation
- teamwork
- empathy
- time management

LANGUAGES

- English
- Spanish
- French

EDUCATION

**DIPLOMA IN HEALTH AND SOCIAL CARE,
COMMUNITY COLLEGE, 2019**

ACHIEVEMENTS

- Successfully reduced patient recovery time by implementing personalized care strategies.
- Received commendation for excellence in patient communication and care.
- Completed certification in CPR and First Aid, enhancing emergency response skills.

PROFILE

Accomplished Short-Term Care Assistant with a robust background in rehabilitative support for patients recovering from surgery or illness. Exhibits a deep understanding of the psychological and physical challenges faced by patients during recovery, employing tailored strategies to facilitate healing and comfort. Adept at coordinating with healthcare teams to ensure comprehensive care delivery, while also educating patients and families about recovery processes.

EXPERIENCE

REHABILITATION CARE ASSISTANT

Rehab Solutions

2016 - Present

- Provided hands-on assistance to patients in physical rehabilitation settings, ensuring safety.
- Administered therapeutic exercises under supervision, promoting recovery.
- Monitored patient progress and reported findings to healthcare professionals.
- Facilitated communication between patients and their families regarding care plans.
- Maintained equipment and ensured cleanliness of therapy areas.
- Participated in team meetings to discuss patient care strategies.

SHORT-TERM CARE ASSISTANT

Silver Linings Care Agency

2014 - 2016

- Supported patients with post-operative care, including mobility assistance.
- Educated patients on medication management and recovery protocols.
- Documented care activities and maintained patient records accurately.
- Ensured compliance with health and safety regulations during care delivery.
- Provided companionship and emotional support to enhance recovery experience.
- Participated actively in continuous professional development workshops.