



MICHAEL ANDERSON

Short-Term Care Assistant

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SUMMARY

Highly dedicated Short-Term Care Assistant with extensive experience in providing exceptional care to patients in various healthcare settings. Known for delivering compassionate support to individuals who require assistance with daily living activities, ensuring their comfort and dignity at all times. Possesses a strong ability to collaborate with healthcare professionals to develop personalized care plans that address the unique needs of each patient.

WORK EXPERIENCE

Short-Term Care Assistant HealthFirst Home Care

Jan 2023 - Present

- Assisted patients with personal hygiene and grooming tasks, promoting dignity and self-esteem.
- Monitored vital signs and reported changes to nursing staff, ensuring timely interventions.
- Collaborated with multidisciplinary teams to develop and implement individualized care plans.
- Administered medications and maintained accurate records of patient compliance.
- Provided emotional support to patients and families, enhancing overall well-being.
- Participated in training programs to improve skills and knowledge in patient care practices.

Caregiver Comfort Keepers

Jan 2020 - Dec 2022

- Delivered daily living assistance to elderly clients, ensuring safety and comfort.
 - Engaged clients in meaningful activities to enhance mental and emotional health.
 - Maintained a clean and safe living environment, adhering to health regulations.
 - Coordinated transportation for medical appointments and social activities.
 - Documented patient progress and communicated effectively with families.
 - Trained new staff in care protocols and emergency procedures.
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EDUCATION

Certified Nursing Assistant, City College, 2020

Sep 2019 - Oct 2020

ADDITIONAL INFORMATION

- **Technical Skills:** patient care, medication administration, vital signs monitoring, communication, teamwork, problem-solving
- **Awards/Activities:** Recognized as Employee of the Month for outstanding patient care and dedication.
- **Awards/Activities:** Implemented a patient feedback system that improved satisfaction ratings by 20%.
- **Awards/Activities:** Completed advanced training in dementia care, enhancing service quality.
- **Languages:** English, Spanish, French