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SKILLS

- Mental Health
- Program Development
- Student Advocacy
- Counseling
- Workshop Facilitation
- Community Collaboration

EDUCATION

MASTER OF SOCIAL WORK, UNIVERSITY OF SOCIAL SCIENCES

LANGUAGE

- English
- Spanish
- German

ACHIEVEMENTS

- Increased participation in mental health programs by 75% within two years.
- Received the 'Advocate of the Year' award for contributions to student wellness.
- Established a peer support program that trained over 100 students as wellness ambassadors.

Michael Anderson

MENTAL HEALTH WELLNESS COORDINATOR

Visionary and compassionate Senior Wellness Coordinator with a strong focus on mental health and wellness programming within educational institutions. Expertise encompasses the development of supportive environments that promote psychological well-being and resilience among students and staff. Proven track record in implementing mental health initiatives that address the unique challenges faced by diverse populations.

EXPERIENCE

MENTAL HEALTH WELLNESS COORDINATOR

State University

2016 - Present

- Developed and implemented mental health programs that reached over 1,500 students annually.
- Facilitated workshops on stress management, coping strategies, and self-care.
- Collaborated with counseling services to enhance mental health resources.
- Conducted surveys to assess student needs and program effectiveness.
- Created promotional materials to raise awareness about mental health services.
- Organized wellness fairs that engaged the entire campus community.

COUNSELOR

Wellness Center

2014 - 2016

- Provided individual counseling to students on mental health and wellness issues.
- Assisted in the development of crisis intervention protocols.
- Conducted outreach programs to promote mental health awareness.
- Collaborated with faculty to integrate wellness into the academic curriculum.
- Participated in professional development workshops to enhance counseling skills.
- Monitored student progress and adjusted interventions accordingly.