



MICHAEL ANDERSON

SENIOR PERSONAL CARE ASSISTANT

CONTACT

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- San Francisco, CA

SKILLS

- Chronic illness management
- Patient advocacy
- Care coordination
- Record keeping
- Emotional support
- Teamwork

LANGUAGES

- English
- Spanish
- French

EDUCATION

ASSOCIATE DEGREE IN NURSING, CITY COLLEGE, 2012

ACHIEVEMENTS

- Recognized with the Client Care Excellence Award for exceptional service in 2021.
- Increased client retention rates by 40% through personalized care approaches.
- Developed a volunteer program that connected local youth with elderly clients.

PROFILE

Highly skilled Senior Personal Care Assistant with a profound commitment to enhancing the quality of life for individuals with chronic illnesses and disabilities. Demonstrates a strong foundation in healthcare practices, coupled with a compassionate approach to patient care. Proven track record in creating and executing comprehensive care strategies that align with patient needs and preferences.

EXPERIENCE

SENIOR PERSONAL CARE ASSISTANT

Golden Years Care

2016 - Present

- Conducted assessments to determine individual care requirements for over 30 clients.
- Coordinated with healthcare professionals to optimize care strategies.
- Provided personal hygiene assistance and mobility support to enhance independence.
- Documented patient progress and communicated effectively with families.
- Facilitated therapy sessions in collaboration with physical and occupational therapists.
- Developed educational materials for family members on caring for loved ones.

PERSONAL CARE AIDE

Heartfelt Helpers

2014 - 2016

- Supported daily living activities and ensured client safety in the home environment.
- Assisted with meal planning and preparation tailored to dietary restrictions.
- Maintained meticulous records of client health and progress.
- Engaged clients in social activities to promote mental health and well-being.
- Collaborated with multidisciplinary teams to enhance care delivery.
- Participated in community outreach programs to educate on the importance of personal care.