

MICHAEL ANDERSON

Mental Health Consultant

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Compassionate School Education Consultant with over 11 years of experience focused on mental health and wellness in educational settings. I have dedicated my career to creating supportive and inclusive environments that prioritize students' emotional well-being alongside their academic success. My expertise includes developing mental health programs, training educators on recognizing and addressing mental health issues, and fostering partnerships with mental health organizations.

WORK EXPERIENCE

Mental Health Consultant | Wellness in Schools

Jan 2022 – Present

- Developed comprehensive mental health programs that reduced student anxiety levels by 30%.
- Trained over 100 staff members on mental health first aid and support strategies.
- Collaborated with community mental health organizations to provide resources for students and families.
- Conducted assessments to evaluate the effectiveness of mental health initiatives.
- Facilitated workshops for students on coping strategies and resilience building.
- Implemented school-wide campaigns to raise awareness about mental health issues.

School Psychologist | Healthy Minds Academy

Jul 2019 – Dec 2021

- Provided individual counseling to students facing emotional and behavioral challenges.
- Led training sessions for educators on integrating social-emotional learning into the curriculum.
- Conducted workshops for parents on supporting children's mental health at home.
- Collaborated with teachers to create individualized support plans for students with mental health needs.
- Evaluated student progress and adjusted interventions to ensure effectiveness.
- Participated in school committees to promote mental health awareness and resources.

SKILLS

Mental Health Awareness

Program Development

Staff Training

Counseling

Community Collaboration

Student Support

EDUCATION

Master of Science in Counseling Psychology

2015 – 2019

University of Wellness Studies

ACHIEVEMENTS

- Awarded the Mental Health Advocate of the Year by the National Association of School Psychologists in 2021.
- Increased student participation in mental health programs by 60% through outreach efforts.
- Successfully implemented school-wide mental health initiatives recognized by state education boards.

LANGUAGES

English

Spanish

French