



Michael

ANDERSON

REIKI PRACTITIONER

Holistic-focused Reiki Practitioner with over 4 years of experience in providing energy healing sessions. My background includes a degree in health sciences, allowing me to understand the intricate connections between physical and emotional wellbeing. I am passionate about guiding clients through their healing journeys, using Reiki as a tool for self-discovery and empowerment.

CONTACT

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SKILLS

- Reiki Healing
- Client Education
- Workshop Facilitation
- Stress Management
- Community Engagement
- Holistic Health

LANGUAGES

- English
- Spanish
- French

EDUCATION

BACHELOR OF SCIENCE IN HEALTH SCIENCES, UNIVERSITY OF HEALTH, 2016

ACHIEVEMENTS

- Increased client retention by 25% through exceptional service and follow-up.
- Successfully organized community wellness events attended by over 200 people.
- Recognized for contributions to community health initiatives.

WORK EXPERIENCE

REIKI PRACTITIONER

Natural Wellness Spa

2020 - 2025

- Conducted personalized Reiki sessions aimed at reducing stress and promoting relaxation.
- Educated clients about the principles of energy healing and self-care techniques.
- Collaborated with other wellness practitioners to offer comprehensive health services.
- Maintained a serene and inviting environment to enhance client comfort.
- Tracked client progress and adjusted treatment plans based on individual needs.
- Achieved positive feedback from clients, with 85% reporting increased relaxation.

WELLNESS CONSULTANT

Holistic Harmony Center

2015 - 2020

- Provided Reiki and wellness consultations to individuals seeking holistic health solutions.
- Developed and led workshops on stress management and energy healing.
- Created marketing materials to promote Reiki services and workshops.
- Engaged with community members to raise awareness about holistic healing.
- Implemented a feedback system to measure client satisfaction and service effectiveness.
- Increased client engagement by 30% through targeted outreach efforts.