

MICHAEL ANDERSON

Reiki and Counseling Specialist

- San Francisco, CA
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Renowned Reiki Healer with a focus on advanced energy healing techniques, complemented by a robust background in psychological counseling. Expertise in utilizing Reiki to address deep-seated emotional and psychological issues, facilitating a holistic approach to healing. Known for a compassionate and empathetic demeanor, creating a safe environment that encourages clients to confront and resolve their challenges.

WORK EXPERIENCE

Reiki and Counseling Specialist | Transformative Healing Center

Jan 2022 – Present

- Conducted comprehensive assessments to identify client needs and tailor Reiki sessions.
- Utilized advanced techniques to address emotional trauma and promote healing.
- Facilitated individual and group therapy sessions integrating Reiki practices.
- Maintained detailed records to monitor client progress and outcomes.
- Engaged in community outreach to educate on the benefits of Reiki for mental health.
- Participated in ongoing professional training to refine counseling skills.

Reiki Workshop Facilitator | Healing Arts Institute

Jul 2019 – Dec 2021

- Designed and led workshops on integrating Reiki with psychological principles.
- Provided mentorship to new practitioners in developing their skills.
- Created resources for attendees to enhance their understanding of energy healing.
- Collaborated with mental health professionals to promote holistic approaches.
- Organized community events to raise awareness about alternative therapies.
- Published research findings on the efficacy of Reiki in therapy settings.

SKILLS

advanced energy healing psychological counseling client assessment community education workshop leadership
research

EDUCATION

Master of Science in Counseling Psychology

2013

University of Healing Sciences

ACHIEVEMENTS

- Received the 'Innovative Healer Award' from the National Reiki Association in 2020.
- Increased workshop attendance by 60% through effective marketing strategies.
- Published articles in peer-reviewed journals on energy healing methodologies.

LANGUAGES

English Spanish French