



Michael ANDERSON

PEDIATRIC REHABILITATION TRAINER

Compassionate Rehabilitation Personal Trainer with a focus on pediatric rehabilitation, dedicated to enhancing the physical development and well-being of children with special needs. Utilizes a playful and engaging approach to motivate young clients, fostering a supportive environment conducive to growth and recovery. Employs adaptive training techniques to cater to individual capabilities and challenges, ensuring that each child can participate fully in their rehabilitation journey.

CONTACT

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- 📍 San Francisco, CA

SKILLS

- Pediatric Rehabilitation
- Adaptive Training
- Family Collaboration
- Motivational Techniques
- Program Development
- Safety Protocols

LANGUAGES

- English
- Spanish
- French

EDUCATION

BACHELOR OF SCIENCE IN CHILD DEVELOPMENT, UNIVERSITY OF FAMILY WELLNESS

ACHIEVEMENTS

- Increased client engagement in rehabilitation programs by 35% through innovative activities.
- Recognized for excellence in service delivery in pediatric rehabilitation by the local health board.
- Developed a community outreach program that educated over 200 families on pediatric rehabilitation.

WORK EXPERIENCE

PEDIATRIC REHABILITATION TRAINER

Kids' Health and Fitness Center

2020 - 2025

- Designed engaging rehabilitation programs tailored to children's developmental needs.
- Utilized play-based activities to facilitate physical rehabilitation and enhance motivation.
- Collaborated with parents and healthcare professionals to establish comprehensive care plans.
- Monitored progress and adapted programs to ensure appropriate challenges and growth.
- Conducted educational sessions for parents on supporting their child's rehabilitation journey.
- Implemented safety protocols to ensure a secure training environment for children.

REHABILITATION ASSISTANT

Child's Play Therapy

2015 - 2020

- Assisted in the development of individualized rehabilitation plans for children with disabilities.
- Engaged children in therapeutic exercises designed to improve strength and mobility.
- Provided support during sessions to enhance children's comfort and confidence.
- Educated families on the importance of physical activity in child development.
- Collaborated with occupational therapists to integrate physical and occupational therapies.
- Organized community events to promote awareness of pediatric rehabilitation services.