



# MICHAEL ANDERSON

## Senior Rehabilitation Counselor

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### SUMMARY

Dedicated Rehabilitation Counselor with over 8 years of experience in helping individuals with disabilities achieve personal and professional goals. Skilled in developing customized rehabilitation plans and utilizing evidence-based practices to enhance clients' quality of life. Proven ability to collaborate with multidisciplinary teams, including medical professionals, to assess client needs and track progress.

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### WORK EXPERIENCE

#### Senior Rehabilitation Counselor HealthFirst Rehabilitation Center

Jan 2023 - Present

- Conduct comprehensive assessments to identify client needs and develop tailored rehabilitation plans.
- Collaborate with healthcare providers to monitor client progress and adjust treatment plans as necessary.
- Facilitate group therapy sessions to promote social skills and peer support among clients.
- Provide individual counseling sessions to address emotional and psychological barriers to recovery.
- Educate clients on available resources and assist them in navigating healthcare systems.
- Maintain accurate case records and documentation to ensure compliance with regulatory standards.

#### Rehabilitation Counselor Pathways to Independence

Jan 2020 - Dec 2022

- Assisted clients in setting achievable rehabilitation goals and provided ongoing support to reach them.
  - Developed and led workshops on life skills, employment readiness, and self-advocacy.
  - Utilized motivational interviewing techniques to enhance client engagement and commitment.
  - Coordinated with community resources to facilitate client access to job training programs.
  - Tracked client outcomes and evaluated the effectiveness of rehabilitation plans.
  - Participated in continuing education to enhance professional skills and knowledge.
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### EDUCATION

#### Master's in Rehabilitation Counseling, University of State

Sep 2019 - Oct 2020

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### ADDITIONAL INFORMATION

- **Technical Skills:** Assessment, Counseling, Resource Coordination, Case Management, Communication, Team Collaboration
- **Awards/Activities:** Improved client satisfaction ratings by 25% through enhanced service delivery and support.
- **Awards/Activities:** Successfully helped 50+ clients secure employment within six months of completing rehabilitation programs.
- **Awards/Activities:** Recognized as Employee of the Year for outstanding contributions to client success and team collaboration.
- **Languages:** English, Spanish, French