



Michael ANDERSON

CORPORATE WELLNESS DIETITIAN

Strategic Registered Dietitian with a focus on corporate wellness and nutrition counseling. Demonstrates a comprehensive understanding of workplace health initiatives and their impact on employee performance and productivity. Proven ability to design and implement nutrition programs that promote healthy eating habits within corporate environments. Skilled in conducting workshops and seminars that educate employees on nutrition and wellness.

CONTACT

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- 📍 San Francisco, CA

SKILLS

- Corporate Wellness
- Nutrition Counseling
- Program Development
- Workshop Facilitation
- Health Assessments
- Employee Engagement

LANGUAGES

- English
- Spanish
- French

EDUCATION

**BACHELOR OF SCIENCE IN NUTRITION,
UNIVERSITY OF BUSINESS HEALTH,
2017**

ACHIEVEMENTS

- Increased employee participation in wellness programs by 40%.
- Recognized for excellence in corporate wellness at the National Wellness Conference.
- Authored articles on workplace nutrition for industry publications.

WORK EXPERIENCE

CORPORATE WELLNESS DIETITIAN

Wellness Solutions Inc.

2020 - 2025

- Designed and implemented corporate nutrition programs tailored for employee wellness.
- Conducted health assessments and nutritional evaluations for employees.
- Facilitated workshops on healthy eating and lifestyle changes.
- Collaborated with HR to develop wellness initiatives.
- Monitored program outcomes and made data-driven adjustments.
- Created informative newsletters and resources for employees.

NUTRITION CONSULTANT

Healthy Living Co.

2015 - 2020

- Provided nutrition counseling and support for corporate clients.
- Developed corporate wellness strategies to improve employee health.
- Evaluated the effectiveness of nutrition programs through surveys and feedback.
- Organized health fairs and nutrition expos for corporate partners.
- Collaborated with fitness trainers to promote comprehensive wellness.
- Presented at industry conferences on workplace nutrition trends.