



MICHAEL ANDERSON

Senior Clinical Dietitian

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SUMMARY

Distinguished Registered Dietitian with over a decade of extensive experience in clinical nutrition and dietary management. Expertise in developing and implementing evidence-based nutritional interventions tailored to individual patient needs. Proven track record of enhancing patient outcomes through personalized dietary plans and nutritional counseling. Adept at collaborating with multidisciplinary teams to optimize health management strategies.

WORK EXPERIENCE

Senior Clinical Dietitian City General Hospital

Jan 2023 - Present

- Conducted comprehensive nutritional assessments for diverse patient populations.
- Developed tailored nutrition care plans in collaboration with healthcare teams.
- Provided one-on-one nutritional counseling and education to patients.
- Monitored and evaluated patient progress; adjusted dietary plans as necessary.
- Participated in interdisciplinary rounds to discuss nutritional interventions.
- Facilitated nutrition workshops for healthcare staff and patients.

Clinical Dietitian Health First Clinic

Jan 2020 - Dec 2022

- Performed detailed dietary assessments and nutritional evaluations.
 - Implemented evidence-based practices to improve patient dietary habits.
 - Developed patient-specific nutrition education materials.
 - Collaborated with physicians to integrate nutrition into patient care plans.
 - Participated in quality improvement initiatives related to nutritional care.
 - Provided training and mentorship to dietetic interns.
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EDUCATION

Master of Science in Nutrition and Dietetics, University of Nutrition, 2015

Sep 2019 - Oct 2020

ADDITIONAL INFORMATION

- **Technical Skills:** Nutritional Assessment, Patient Counseling, Dietary Planning, Interdisciplinary Collaboration, Nutrition Education, Quality Improvement
- **Awards/Activities:** Improved patient satisfaction scores related to nutrition services by 25%.
- **Awards/Activities:** Recognized as Employee of the Month for outstanding patient care in 2019.
- **Awards/Activities:** Published research on the impact of dietary interventions in chronic disease management.
- **Languages:** English, Spanish, French