



MICHAEL ANDERSON

LEAD REFLEXOLOGIST

PROFILE

Results-driven reflexologist with a strong track record in delivering effective treatments that enhance physical and emotional well-being. With over 8 years of experience in both clinical and spa settings, I have developed a unique approach that combines reflexology with elements of aromatherapy and massage therapy. My commitment to patient education allows me to empower clients with knowledge about their health, enabling them to make informed decisions about their wellness journey.

EXPERIENCE

LEAD REFLEXOLOGIST

Serenity Wellness Spa

2016 - Present

- Designed and implemented comprehensive reflexology programs tailored to client needs.
- Utilized aromatherapy to enhance relaxation and therapeutic effects of treatments.
- Conducted workshops to educate clients on the benefits of reflexology and self-care.
- Managed a team of junior reflexologists, providing training and mentorship.
- Evaluated client progress and adjusted treatment plans accordingly.
- Established strong relationships with clients, resulting in a loyal customer base.

REFLEXOLOGIST

Health & Harmony Clinic

2014 - 2016

- Provided therapeutic reflexology treatments to clients with varied health concerns.
- Collaborated with healthcare professionals to integrate reflexology into patient care plans.
- Maintained a clean, safe, and welcoming treatment environment for clients.
- Documented treatment outcomes to support client health goals.
- Promoted reflexology services through community outreach and health fairs.
- Received positive feedback for improving clients' quality of life through effective treatments.

CONTACT

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SKILLS

- Reflexology
- Aromatherapy
- Client Education
- Team Leadership
- Holistic Practices
- Communication

LANGUAGES

- English
- Spanish
- French

EDUCATION

BACHELOR OF SCIENCE IN HOLISTIC HEALTH, UNIVERSITY OF WELLNESS

ACHIEVEMENTS

- Increased client retention by 40% through personalized treatment plans and follow-ups.
- Conducted over 500 successful reflexology sessions, contributing to client wellness.
- Received a community award for promoting holistic health practices.