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SKILLS

- Senior Health Education
- Program Development
- Community Outreach
- Public Speaking
- Health Literacy
- Gerontology

EDUCATION

BACHELOR OF SCIENCE IN PUBLIC HEALTH, UNIVERSITY OF STATE, 2015

LANGUAGE

- English
- Spanish
- German

ACHIEVEMENTS

- Increased workshop attendance by 35% among seniors through targeted outreach efforts.
- Developed a resource guide for seniors that was distributed in local communities.
- Received the 'Champion of Senior Health' award in 2021 for outstanding service.

Michael Anderson

SENIOR HEALTH EDUCATOR

Compassionate and innovative Public Health Educator with 5 years of experience in health education tailored for senior populations. I have a unique ability to create engaging programs that meet the specific health needs of older adults. My work focuses on chronic disease management, healthy aging, and mental health awareness. I possess strong interpersonal skills, allowing me to build trusting relationships with seniors and their families.

EXPERIENCE

SENIOR HEALTH EDUCATOR

Aging Well Program

2016 - Present

- Developed health education workshops specifically designed for senior citizens.
- Created informative newsletters focusing on healthy aging and chronic disease management.
- Facilitated support groups for seniors dealing with mental health issues.
- Collaborated with local healthcare providers to ensure comprehensive care for seniors.
- Conducted health assessments to tailor educational programs to individual needs.
- Utilized technology to enhance engagement and education among seniors.

PUBLIC HEALTH ASSISTANT

Local Health Department

2014 - 2016

- Assisted in the organization of health fairs targeting older adults.
- Conducted outreach to seniors to promote health services and resources.
- Developed educational materials that address common health concerns in older adults.
- Participated in community events to raise awareness about senior health issues.
- Provided one-on-one health consultations to seniors and their families.
- Monitored and evaluated program participation and outcomes.