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## SKILLS

- Cognitive Behavioral Therapy
- Motivational Interviewing
- Addiction Recovery
- Crisis Intervention
- Group Therapy
- Community Advocacy

## EDUCATION

**MASTER OF SOCIAL WORK (MSW),  
UNIVERSITY OF JKL**

## LANGUAGE

- English
- Spanish
- German

## ACHIEVEMENTS

- Achieved a 90% client satisfaction rate in therapy sessions.
- Developed a community program that provided resources for families affected by addiction.
- Recognized for excellence in client care by state mental health board.

# Michael Anderson

## ADDICTION COUNSELOR

I am a psychotherapist with a strong focus on adult mental health, particularly in the realm of addiction recovery and co-occurring disorders. With over 12 years of experience, I have worked extensively in residential and outpatient treatment settings. My approach integrates cognitive-behavioral therapy (CBT) and motivational interviewing to support clients through their recovery journeys.

## EXPERIENCE

### ADDICTION COUNSELOR

Recovery Center of Excellence

2016 - Present

- Provided therapy to individuals in recovery from substance use and mental health disorders.
- Utilized CBT and motivational interviewing strategies, leading to a 70% success rate in treatment completion.
- Conducted intake assessments to determine individual client needs and goals.
- Facilitated group therapy sessions, fostering peer support and accountability.
- Collaborated with medical staff to ensure comprehensive care for clients.
- Developed aftercare plans to support ongoing recovery post-treatment.

### PSYCHOTHERAPIST

New Beginnings Therapy

2014 - 2016

- Delivered individual therapy to adults with co-occurring disorders.
- Conducted assessments and developed personalized treatment plans for clients.
- Engaged clients in skill-building workshops focused on coping strategies.
- Maintained accurate documentation of client progress and treatment modifications.
- Participated in community outreach programs focused on addiction awareness.
- Provided crisis intervention services to clients in need of immediate support.