

MICHAEL ANDERSON

Geropsychologist

- San Francisco, CA
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Experienced psychologist with a focus on geropsychology, dedicating over 9 years to improving the mental health and quality of life for elderly populations. Skilled in conducting assessments and providing therapy tailored to the unique needs of older adults facing age-related challenges. Proven experience in collaborating with family members and healthcare teams to ensure holistic care.

WORK EXPERIENCE

Geropsychologist | Senior Wellness Center

Jan 2022 – Present

- Conducted assessments and therapy for elderly clients with cognitive decline.
- Developed individualized treatment plans addressing mental health issues specific to aging.
- Facilitated support groups for caregivers of elderly individuals.
- Collaborated with interdisciplinary teams to ensure comprehensive care.
- Provided training for staff on recognizing mental health issues in older adults.
- Advocated for community programs focusing on senior mental health awareness.

Consultant Psychologist | Aging Care Agency

Jul 2019 – Dec 2021

- Evaluated psychological needs of seniors in assisted living facilities.
- Provided training for families on coping strategies for dementia.
- Created informational resources for caregivers on mental health in aging.
- Participated in community workshops to promote healthy aging.
- Conducted research on the impact of social isolation on mental health in seniors.
- Maintained ongoing communication with families regarding client progress.

SKILLS

Elderly Care

Cognitive Assessment

Support Group Facilitation

Family Counseling

Community Outreach

EDUCATION

Ph.D. in Geropsychology

2012

University of Aging Studies

ACHIEVEMENTS

- Developed a senior mental health awareness program that reached over 200 families.
- Recognized for excellence in service to the elderly community in 2020.
- Published research on aging and mental health in a leading gerontology journal.

LANGUAGES

English

Spanish

French