



## CONTACT

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- San Francisco, CA

## SKILLS

- Trauma-Informed Care
- EMDR
- Crisis Intervention
- Group Therapy
- Policy Advocacy

## LANGUAGES

- English
- Spanish
- French

## EDUCATION

**M.S. IN CLINICAL PSYCHOLOGY,  
TRAUMA INSTITUTE, 2010**

## ACHIEVEMENTS

- Developed a trauma recovery program that served over 300 clients within its first year.
- Presented at national conferences on trauma recovery best practices.
- Recognized for outstanding service to the community in 2022.

# Michael ANDERSON

## TRAUMA THERAPIST

Compassionate psychologist with a focus on trauma-informed care, bringing over 12 years of experience working with victims of trauma and abuse. Skilled in creating safe and supportive environments for clients to heal and thrive. Proficient in various therapeutic modalities including EMDR and somatic experiencing. Strong advocate for mental health policy reform and community outreach initiatives aimed at increasing access to care.

## WORK EXPERIENCE

### TRAUMA THERAPIST

Healing Hearts Therapy Center

2020 - 2025

- Provided individual and group therapy for clients dealing with trauma and PTSD.
- Utilized EMDR therapy to facilitate trauma processing and recovery.
- Created supportive group environments that encouraged peer sharing and healing.
- Conducted community workshops on the effects of trauma and healing techniques.
- Developed individualized recovery plans based on client needs and goals.
- Collaborated with medical professionals to ensure comprehensive care for clients.

### PSYCHOLOGIST

Community Mental Health Clinic

2015 - 2020

- Assessed and treated individuals affected by domestic violence and abuse.
- Provided crisis intervention services to clients in acute distress.
- Participated in training programs focused on trauma-informed care for staff.
- Advocated for policy changes to improve mental health services for victims.
- Maintained up-to-date knowledge of trauma research and best practices.
- Monitored client progress and adjusted treatment strategies as necessary.