



MICHAEL ANDERSON

PRIMARY CARE MENTAL HEALTH CONSULTANT

CONTACT

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-  San Francisco, CA

SKILLS

- mental health
- patient engagement
- interdisciplinary collaboration
- training and development
- community outreach
- telehealth

LANGUAGES

- English
- Spanish
- French

EDUCATION

MASTER OF SCIENCE IN PSYCHOLOGY,
STATE UNIVERSITY

ACHIEVEMENTS

- Developed a mental health curriculum adopted by three local healthcare systems.
- Received the Community Impact Award for innovative mental health initiatives in 2021.
- Increased patient participation in mental health programs by 45% within one year.

PROFILE

As a Primary Medical Consultant with a focus on mental health, I bring over 12 years of experience in integrating psychological wellness into primary care settings. My approach combines evidence-based strategies with compassionate care to treat patients holistically. I have worked extensively with diverse populations, addressing the unique needs of each individual to foster a supportive environment for recovery.

EXPERIENCE

PRIMARY CARE MENTAL HEALTH CONSULTANT

MindWell Clinics

2016 - Present

- Integrated mental health services within primary care, resulting in a 30% increase in patient referrals to therapy.
- Designed and facilitated training for primary care physicians on mental health screening tools.
- Conducted over 500 comprehensive mental health evaluations, tailoring treatment plans for diverse patient needs.
- Collaborated with community organizations to promote mental health awareness, increasing outreach by 50%.
- Implemented a patient feedback system that improved service delivery based on real-time data.
- Developed a resource guide for patients, enhancing access to mental health services by 25%.

BEHAVIORAL HEALTH SPECIALIST

Wellness Center of Care

2014 - 2016

- Provided direct mental health services to patients in a primary care setting, enhancing overall patient wellness.
- Conducted workshops on stress management techniques, benefiting over 300 patients.
- Collaborated with psychiatrists to manage complex cases, improving treatment adherence rates by 20%.
- Led initiatives to reduce stigma surrounding mental health, reaching diverse community groups.
- Utilized telehealth platforms to expand access to care, particularly during the pandemic.
- Trained staff on recognizing mental health issues, contributing to a more informed care team.