



MICHAEL ANDERSON

Integrated Care Consultant

Compelling Primary Health Consultant with a focus on mental health integration within primary care settings. With over 11 years of experience, I have worked diligently to bridge the gap between physical and mental health, ensuring comprehensive care for patients. My expertise lies in developing programs that address mental health needs while supporting patients' overall health goals.

WORK EXPERIENCE

Integrated Care Consultant 2020-2023

Mindful Health Associates

- Developed integrated care models that increased mental health referrals by 50% in primary care settings.
- Trained healthcare staff on recognizing and addressing mental health issues in patients.
- Conducted workshops to promote mental health awareness within communities.
- Collaborated with psychiatrists and therapists to create comprehensive care plans.
- Evaluated program effectiveness through patient outcome tracking, achieving a 30% improvement in mental health metrics.
- Advocated for policy changes to enhance mental health services in primary care.

Mental Health Counselor 2019-2020

Community Care Center

- Provided individual and group therapy to patients, achieving a 90% satisfaction rate.
- Developed treatment plans that incorporated physical health considerations.
- Assisted in crisis intervention, ensuring patient safety and access to resources.
- Engaged in community outreach to reduce stigma around mental health.
- Participated in multidisciplinary team meetings to coordinate patient care.
- Trained interns on best practices in mental health counseling.

ACHIEVEMENTS

- Recognized with the Community Impact Award in 2020 for outstanding service in mental health advocacy.
- Increased patient engagement in mental health services by 40% over three years.
- Published articles on mental health best practices in healthcare journals.

CONTACT

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EDUCATION

Master of Social Work (MSW)

University of Social Sciences

2016-2020

SKILLS

- Mental Health Integration
- Patient Advocacy
- Therapy
- Program Development
- Team Collaboration
- Community Outreach

LANGUAGES

- English
- Spanish
- French