



MICHAEL ANDERSON

Primary Care Physician with Mental Health Focus

Dynamic and proactive Primary Care Medical Practitioner with a focus on mental health integration in primary care settings. Bringing over 7 years of experience in providing holistic care that addresses both physical and mental health needs. Proficient in managing patients with co-occurring disorders and advocating for mental health awareness. Skilled at building rapport with patients and creating an atmosphere of trust that encourages open discussions about mental health.

CONTACT

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EDUCATION

Doctor of Medicine (MD)
Medical University of Mental Health
2016-2020

SKILLS

- Mental Health Integration
- Holistic Care
- Patient Rapport
- Interdisciplinary Collaboration
- Motivational Interviewing
- Patient Education

LANGUAGES

- English
- Spanish
- French

WORK EXPERIENCE

Primary Care Physician with Mental Health Focus 2020-2023
Integrated Care Clinic

- Provided primary care services to a diverse patient population with an emphasis on mental health.
- Conducted mental health screenings during routine visits, improving early identification of issues.
- Collaborated with psychiatrists to develop integrated care plans for patients with co-morbid conditions.
- Participated in training seminars to enhance skills in mental health assessment and treatment.
- Developed patient education resources on mental wellness and coping strategies.
- Achieved a 30% increase in patients seeking mental health support during primary care visits.

Family Medicine Resident 2019-2020
Mental Health Integration Program

- Engaged in a unique residency program focused on integrating mental health into primary care.
- Conducted thorough assessments of patients, identifying both physical and psychological needs.
- Participated in interdisciplinary team meetings to discuss patient care strategies.
- Documented care plans in EHR systems to ensure continuity and coordination of care.
- Received training in motivational interviewing techniques to improve patient communication.
- Advocated for patient access to mental health resources and services.

ACHIEVEMENTS

- Awarded the 'Mental Health Advocate of the Year' for commitment to integrating mental health in primary care.
- Improved patient engagement in mental health services by 45% through innovative outreach strategies.
- Published a guide on best practices for addressing mental health in primary care settings.