



MICHAEL ANDERSON

Primary Care Consultant with Mental Health Focus

Empathetic and knowledgeable Primary Care Consultant with a focus on mental health integration in primary care settings. With over 9 years of experience in behavioral health, I specialize in providing holistic care that addresses both physical and mental health needs of patients. My experience in counseling and therapy allows me to build strong relationships with patients, fostering an environment where they feel safe discussing their mental health concerns.

CONTACT

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- San Francisco, CA

EDUCATION

Master of Social Work
University of Behavioral Sciences
2013

SKILLS

- Mental health integration
- Patient counseling
- Collaborative care
- Behavioral health assessment
- Telehealth services
- Community outreach

LANGUAGES

- English
- Spanish
- French

WORK EXPERIENCE

Primary Care Consultant with Mental Health Focus 2020-2023
Integrative Health Clinic

- Conducted mental health screenings and assessments for primary care patients.
- Collaborated with primary care providers to integrate behavioral health services.
- Developed and implemented treatment plans addressing both physical and mental health issues.
- Facilitated support groups for patients coping with chronic illnesses and mental health challenges.
- Educated patients on the importance of mental health in overall wellness.
- Utilized telehealth resources to provide accessible mental health support.

Behavioral Health Consultant 2019-2020
Mental Wellness Center

- Provided counseling and therapy services to patients with co-occurring disorders.
- Trained primary care staff on recognizing signs of mental health issues.
- Participated in interdisciplinary care teams to coordinate treatment plans.
- Conducted workshops on mental health awareness and stigma reduction.
- Evaluated patient progress and adjusted treatment plans accordingly.
- Engaged in community outreach to promote mental health resources.

ACHIEVEMENTS

- Awarded the Mental Health Advocate Award in 2021 for significant contributions to mental health awareness.
- Increased patient engagement in mental health services by 40% through integrated care models.
- Successfully launched a community program that provided mental health resources to underserved populations.