

MICHAEL ANDERSON

Geriatric Rehabilitation Specialist

- San Francisco, CA
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Experienced Post Injury Training Specialist with a solid foundation in geriatric rehabilitation. Over 11 years of experience in developing and implementing rehabilitation programs specifically designed for older adults recovering from injuries. Proven expertise in addressing the unique needs and challenges faced by this population, with a focus on enhancing mobility, strength, and overall quality of life.

WORK EXPERIENCE

Geriatric Rehabilitation Specialist | Senior Health Rehabilitation Center

Jan 2022 – Present

- Developed individualized rehabilitation programs for elderly patients recovering from injuries.
- Conducted assessments to evaluate functional abilities and mobility.
- Collaborated with family members to set recovery goals and expectations.
- Utilized therapeutic exercises to enhance strength and balance.
- Monitored patient progress and adjusted treatment plans as necessary.
- Educated caregivers on strategies to support recovery at home.

Rehabilitation Aide | Elder Care Services

Jul 2019 – Dec 2021

- Assisted in implementing rehabilitation programs for elderly patients.
- Supported patients during therapy sessions and encouraged participation.
- Maintained a clean and safe environment for therapy activities.
- Documented patient progress and reported findings to supervising therapists.
- Participated in team meetings to discuss patient care strategies.
- Provided administrative support, including scheduling and documentation.

SKILLS

geriatric rehabilitation patient-centered care mobility enhancement caregiver education therapeutic exercises
functional assessments

EDUCATION

Master of Science in Gerontology

2015 – 2019

University of Aging Studies

ACHIEVEMENTS

- Improved patient mobility and independence by 35% through targeted rehabilitation programs.
- Recognized for excellence in patient care with a 'Compassionate Care Award'.
- Contributed to a community initiative promoting healthy aging and injury prevention.

LANGUAGES

English Spanish French