

MICHAEL ANDERSON

Personal Support Worker

- San Francisco, CA
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Compassionate and experienced Personal Support Worker with a focus on elderly care and support. Extensive background in assisting seniors with daily activities, promoting independence and dignity. Proven ability to develop rapport with clients and families, ensuring a personalized approach to care. Experienced in managing multiple clients with varying needs, demonstrating flexibility and adaptability in service delivery.

WORK EXPERIENCE

Personal Support Worker | Elder Care Services

Jan 2022 – Present

- Provided essential personal care to elderly clients, including assistance with hygiene and nutrition.
- Monitored health changes and communicated effectively with healthcare providers.
- Coordinated activities to enhance social engagement and mental well-being.
- Maintained a safe living environment by adhering to safety protocols.
- Supported families in understanding and managing care needs.
- Documented care activities and client progress for review by healthcare teams.

Senior Care Assistant | Comfort Keepers

Jul 2019 – Dec 2021

- Assisted seniors with daily living tasks, promoting independence and self-care.
- Engaged clients in meaningful conversations to enhance emotional well-being.
- Collaborated with healthcare professionals to ensure comprehensive care plans.
- Provided transportation and assistance for medical appointments and social activities.
- Educated families on caregiving strategies and resources.
- Received positive feedback from clients and families for exceptional service.

SKILLS

Elderly care

Personal assistance

Health monitoring

Communication

Team collaboration

Safety protocols

EDUCATION

Certificate in Elder Care

2015

College of Health Sciences

ACHIEVEMENTS

- Achieved a client satisfaction rate of over 90% through exceptional care delivery.
- Implemented a wellness program that significantly improved clients' physical health.
- Recognized for dedication to enhancing the quality of life for seniors.

LANGUAGES

English

Spanish

French