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SKILLS

- Holistic care
- Chronic illness management
- Health education
- Communication
- Team collaboration
- Advocacy

EDUCATION

**DIPLOMA IN HOLISTIC HEALTH CARE,
ACADEMY OF WELLNESS, 2016**

LANGUAGE

- English
- Spanish
- German

ACHIEVEMENTS

- Increased client satisfaction scores by 35% through improved care delivery.
- Implemented a wellness program that improved client health outcomes significantly.
- Recognized for excellence in patient advocacy and support services.

Michael Anderson

PERSONAL SUPPORT WORKER

Dedicated Personal Support Worker with a focus on holistic care and wellness. Extensive experience in supporting individuals with chronic illnesses, ensuring a comprehensive approach to client health and well-being. Recognized for developing effective care plans that integrate physical, emotional, and social support. Strong advocate for patient rights and quality of life, committed to fostering a nurturing environment that promotes healing and recovery.

EXPERIENCE

PERSONAL SUPPORT WORKER

Wellness Home Care Services

2016 - Present

- Provided comprehensive care to clients with chronic illnesses, focusing on holistic wellness.
- Developed and implemented care plans that addressed physical and emotional needs.
- Monitored health metrics and communicated effectively with healthcare providers.
- Facilitated access to community resources and support services for clients.
- Assisted with daily living activities while promoting client autonomy.
- Trained family members on care strategies to enhance at-home support.

CHRONIC CARE AIDE

Care Solutions Inc.

2014 - 2016

- Supported clients with chronic conditions, ensuring adherence to treatment plans.
- Documented client progress and collaborated with medical teams for optimal care.
- Educated clients and families on disease management and prevention strategies.
- Organized wellness activities to promote physical and mental health.
- Assisted with medication administration and health monitoring.
- Implemented safety protocols to minimize risks within the home environment.