



# MICHAEL ANDERSON

## Personal Support Worker

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### SUMMARY

Dynamic and compassionate Personal Support Worker with extensive experience in providing exceptional care to individuals with diverse needs. Demonstrated expertise in assisting clients with daily living activities, ensuring comfort, and promoting independence. Proven ability to collaborate with healthcare professionals to develop effective care plans tailored to each client's requirements. Skilled in managing complex health conditions, fostering emotional well-being, and maintaining a safe environment.

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### WORK EXPERIENCE

#### Personal Support Worker Sunrise Senior Living

Jan 2023 - Present

- Provided personalized care to residents, assisting with daily activities such as bathing, grooming, and meal preparation.
- Monitored and documented vital signs, reporting any changes to nursing staff promptly.
- Facilitated social activities to enhance community engagement and emotional well-being.
- Collaborated with multidisciplinary teams to create and implement individualized care plans.
- Maintained a clean and safe environment, adhering to health and safety regulations.
- Trained new staff on best practices for resident care and emergency procedures.

#### Home Care Aide Compassionate Care Services

Jan 2020 - Dec 2022

- Delivered in-home support to elderly clients, enhancing their quality of life through tailored assistance.
  - Administered prescribed medications and monitored client health conditions effectively.
  - Assisted clients with mobility and physical exercises to improve physical strength and coordination.
  - Maintained detailed records of client progress and communicated effectively with family members.
  - Implemented safety measures to prevent falls and other accidents within the home.
  - Provided companionship and emotional support, fostering a positive living environment.
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### EDUCATION

#### Diploma in Personal Support Worker, Community College of Health Sciences, 2015

Sep 2019 - Oct 2020

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### ADDITIONAL INFORMATION

- **Technical Skills:** Compassionate care, Patient advocacy, Health monitoring, Communication skills, Team collaboration, Problem-solving
- **Awards/Activities:** Awarded 'Employee of the Month' for exemplary service and dedication to client care.
- **Awards/Activities:** Implemented a new client feedback system that improved satisfaction ratings by 25%.
- **Awards/Activities:** Successfully trained 15 new staff members, enhancing team efficiency and care quality.
- **Languages:** English, Spanish, French