



# MICHAEL ANDERSON

## Personal Hygiene Assistant

Innovative Personal Hygiene Assistant with a comprehensive background in rehabilitation services. Demonstrated expertise in supporting individuals recovering from surgery or injury, ensuring that hygiene practices are integrated into their recovery plans. Skilled in developing personalized hygiene routines that align with rehabilitation goals. Known for a collaborative approach, working closely with healthcare teams to optimize patient outcomes.

### CONTACT

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- San Francisco, CA

### EDUCATION

**Diploma in Rehabilitation Support**  
Health Sciences Institute  
2019

### SKILLS

- rehabilitation support
- hygiene education
- teamwork
- documentation
- patient care
- communication

### LANGUAGES

- English
- Spanish
- French

### WORK EXPERIENCE

**Personal Hygiene Assistant** 2020-2023  
Rehab Health Group

- Provided hygiene assistance to patients recovering from surgical procedures.
- Collaborated with physical therapists to align hygiene with rehabilitation goals.
- Utilized adaptive tools to assist patients with limited mobility.
- Maintained cleanliness and organization in patient care areas.
- Documented patient hygiene activities and reported on progress.
- Received recognition for commitment to patient-centered care.

**Rehabilitation Hygiene Support Worker** 2019-2020  
Integrated Care Solutions

- Assisted patients in developing hygiene routines during rehabilitation.
- Promoted hygiene education as part of recovery plans.
- Documented care activities and communicated updates to care teams.
- Participated in training on rehabilitation and hygiene integration.
- Facilitated workshops on hygiene best practices.
- Acknowledged for contributions to improving patient recovery experiences.

### ACHIEVEMENTS

- Enhanced patient recovery rates through improved hygiene practices.
- Awarded the Excellence in Care Award for outstanding service.
- Successfully launched a hygiene education initiative for patients.