



# MICHAEL ANDERSON

## PERSONAL HYGIENE ASSISTANT

### CONTACT

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-  San Francisco, CA

### SKILLS

- compassionate care
- hygiene education
- patient advocacy
- teamwork
- documentation
- problem-solving

### LANGUAGES

- English
- Spanish
- French

### EDUCATION

**DIPLOMA IN PERSONAL CARE,  
COMMUNITY COLLEGE OF HEALTH, 2019**

### ACHIEVEMENTS

- Increased client retention rates by 15% through exceptional service.
- Honored with the Caregiver Excellence Award for outstanding contributions.
- Successfully completed a certification in advanced personal care techniques.

### PROFILE

Accomplished Personal Hygiene Assistant with a robust background in senior care and personal support services. Expertise in delivering compassionate care while prioritizing the dignity and comfort of clients. Proficient in developing customized hygiene plans that meet the unique needs of each individual. Established a reputation for reliability and professionalism in high-pressure environments.

### EXPERIENCE

#### PERSONAL HYGIENE ASSISTANT

##### Gentle Touch Care Agency

*2016 - Present*

- Provided comprehensive hygiene assistance to elderly clients in their homes.
- Monitored patient health and reported changes to healthcare providers.
- Utilized mobility aids to assist clients with personal grooming.
- Maintained cleanliness and organization of personal care areas.
- Educated clients on hygiene-related health practices.
- Consistently received positive feedback from clients and families.

#### HYGIENE CARE PROVIDER

##### ElderCare Home Services

*2014 - 2016*

- Assisted patients with daily bathing, dressing, and grooming.
- Collaborated with multidisciplinary teams to enhance care strategies.
- Documented patient progress and hygiene routines in care logs.
- Participated in workshops on patient-centered care practices.
- Promoted hygiene education through community outreach programs.
- Received recognition for dedication to improving client well-being.